



To choose the investments for your retirement plan deposits, you may do this online or by returning this form to the plan's recordkeeper. The quickest way to do this is online!

Online Instructions:

- 1) Go to www.thecontractorsplan.com and login in with your **Username** and **Password**.
- 2) If this is the first time you have used the website, click on the **"New Users: Register Here"** link, click the **"Social Security #"** button under "New User? Create an account". Your first time username is your social security number and your password is your date of birth.
- 3) If necessary, click the **"Retirement"** icon, and then click the **"Investment Election"** setup screen. It's easy and quick!
- 4) **If you cannot login, mail the form below.**

Mail Instructions:

- | | |
|-------------------------------------|-------------------------------|
| 1) Complete the form below. | The Contractors Plan |
| 2) Sign the form. | 11910 Anderson Mill Rd |
| 3) Mail it to The Contractors Plan. | Austin, TX 78726-1135 |

YOUR INFORMATION			
Company Name		Group #	
Last Name	First	Middle	
Social Security Number	Date of Birth	Date of Hire	

Select your investments by contributing to a professionally managed fund (based on your retirement date) or manage your own funds by contributing a percentage to one more choices below. The amount you chose to deduct per paycheck on the "401(k) Deferral sheet" will be contributed based on your selection.

Professionally Managed Target Date Funds (check one):

- American Funds 2010 Target Date Retirement (Retired or very near retirement)
- American Funds 2020 Target Date Retirement (Retiring around the year 2020)
- American Funds 2030 Target Date Retirement (Retiring around the year 2030)
- American Funds 2040 Target Date Retirement (Retiring around the year 2040)
- American Funds 2050 Target Date Retirement (Retiring around the year 2050)
- American Funds 2060 Target Date Retirement (Retiring around the year 2060)

OR - Choose one or more of the following (use whole percentages, must total 100%):

- _____ % American Funds Growth Fund of America (Stock Large Cap)
- _____ % Nationwide Mid Cap Mkt Index (Stock Mid Cap)
- _____ % Vanguard Small Cap Index (Stock Small Cap)
- _____ % Harbor International Inst (Stock Foreign Large Cap)
- _____ % Prudential Total Return Bond (Intermediate-Term Bond)
- _____ % Columbia Trust Stable Value (Stable Value)
- 100 %

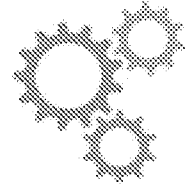
Upon submission of this form, future contributions as well as current balances will be invested in the choices you've indicated. If you do not choose your own investment funds, the trustee will invest your retirement account in a fund for you, based upon your age. You may also change your elections at www.thecontractorsplan.com or by using the automated telephone system at 1-800-933-3863.

Sign Here: _____ **Date:** _____

Have Questions??? Call 1-800-933-3863, weekdays between 7:00 a.m. and 7:00 p.m. Central Time



401(k) Plan Deferral



If you wish to withhold 401(k) retirement savings from your paycheck return this form to your employer.

Instructions: (After Making your selections on the page titled "Investment Choices" choose a percentage or dollar amount you'd like to contribute (per paycheck) to that fund.)

- 1) Complete the form below.
- 2) Sign the form.
- 3) Return it to your employer.

YOUR INFORMATION		
Last Name	First	Middle
Social Security Number		

Choose either a percentage OR a dollar amount you want withheld from your paycheck.

401(k) PAYROLL DEDUCTION	Percentage (use whole percentages)	Dollar Amount (each paycheck)
Pre-tax 401(k)	%	\$

Pre-tax 401(k) withheld reduces your taxable income each payroll. Income tax is not withheld from your paycheck on this amount. When benefits are paid from the Pre-tax 401(k) account they are taxed when you receive them, unless you rollover your payment to an IRA or another retirement plan.

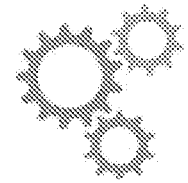
You may not withdraw amounts from the Pre-tax 401(k) account while you work for the company unless you are over age 59 ½ or have a proven financial hardship under the terms of the plan.

This withholding will apply as soon as administratively possible to the payroll period you are eligible to make or change your 401(k) percentage under the terms of the plan.

Sign Here: _____ **Date:** _____

Have Questions??? Call 1-800-933-3863, weekdays between 7:00 a.m. and 7:00 p.m. Central Time

Enrollment Beneficiary Information



You should enroll and provide beneficiary information. You may do this online, or by returning this form to the plan's recordkeeper. The quickest way to do this is online!

Online Instructions:

- 1) Go to www.thecontractorsplan.com and login in with your **Username** and **Password**.
- 2) If this is the first time you have used the website, click on the **"New Users: Register Here"** link, click the **"Social Security #"** button under "New User? Create an account". Your first time username is your social security number and your password is your date of birth.
- 3) If necessary, click the **"Retirement"** icon, and then click the **"Personal Information"** and **"Beneficiary"** screens to start your enrollment process. It's easy and quick!
- 4) **If you cannot login, mail the form below.**

OR -----

Mail Instructions:

- 1) Complete the form below.
- 2) Sign the form.
- 3) Mail it to The Contractors Plan.

Mailing Address:

**The Contractors Plan
11910 Anderson Mill Rd
Austin, TX 78726-1135**

YOUR INFORMATION			
Company Name	Athena Services International	Group #	6540
Last Name	First	Middle	
Social Security Number	Are you currently (circle one): Married Single		
YOUR BENEFICIARY INFORMATION			
Last Name	First	Middle	
Social Security Number	Relation to you (Spouse, Child, Other):		
Street Address (if different)	Apt #		
City	State	ZIP	

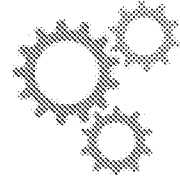
If you are married and designate someone other than your spouse as your beneficiary, your spouse must agree to the other beneficiary below, and your spouse's signature must be notarized.

SPOUSE'S CONSENT TO ANOTHER BENEFICIARY (SEE PAGE 2 FOR ADDITIONAL INFORMATION)	
I hereby agree to the beneficiary selected for this retirement account. I also understand that allowing this beneficiary means that I will also not be paid a Preretirement Survivor Annuity if my spouse dies before receiving benefits from the plan, since the retirement account will be paid to the other beneficiary. I understand that I cannot change this consent unless the employee completes a new beneficiary form in the future. See page 2 of this form for additional information.	
_____ Signature of Spouse (Must be Notarized)	
WITNESS: Before me, the undersigned, a Notary Public, personally appeared _____ (SPOUSE), who signed this form above as a free and voluntary act. In witness hereof, I have signed my name and affixed my official seal this _____ day of _____ Year _____.	
State of _____ County, Parish, Jurisdiction _____	
Notary Public's Signature _____ My commission expires _____	

Sign Here: _____ **Date:** _____



Rollover Information



You may rollover other retirement accounts to The Contractors Retirement Plan.

Instructions:

- 1) You may rollover balances from other qualified retirement plans and IRA accounts to The Contractors Plan.
- 2) Consolidate your retirement accounts in one place for easy management.
- 3) You may rollover
 - 401(k) plans
 - IRAs
 - Profit Sharing or Money Purchase plans
 - 403(b) plans or annuities
 - ESOP plan cash distributions
 - Qualified 457 plans
 - SIMPLE plans or SIMPLE annuities
- 4) You may NOT rollover after-tax employee contribution balances from IRAs, or after-tax employee contributions or Roth accounts from other retirement plans or annuities.
- 5) Request a distribution from the other account, when completing their paperwork, select a **Direct Rollover** to:

The Contractors Retirement Plan
Your Current Company's Name
11910 Anderson Mill Rd
Austin, TX 78726-1135

Normally this is all we need. If there is any problem with the check or the information received from the prior account, we may request additional information from you or the prior financial institution prior to processing your rollover check.

If you receive the rollover check, forward it and the information below to The Contractors Retirement Plan address above, including any additional information that came with the check.

YOUR CURRENT INFORMATION		
Last Name	First	Middle
Social Security Number	Company Name Athena Services International	

Have Questions??? Call 1-800-933-3863, weekdays between 7:00 a.m. and 7:00 p.m. Central Time